

# Lydia Arcos

A work of art does not simply have an aesthetic value, but has a much higher purpose: that of reflection, of stopping for a second, of giving oneself time to reflect on what arouses us, on feelings, on profound issues of our soul. The artist Lydia Arcos goes far beyond: her works aim to become a meditation tool in order to elevate the spirit of the observer and thus be a tool to initiate change in one's life. Lydia's hands, in the act of creating the work, are thus transformed into the tool for transforming ideas and spreading a message. In her works, Lydia faces several important issues in the life of each of us, which mark and determine it. In doing this, as we also see in the works exhibited here, she captures the different names of God in Hebrew, according to Kabbalah, which guide her in giving meaning to what she is expressing. For example, in the work "La Clave", Lydia tackles the subject of the relationship between man and woman, their carnal attraction: lovers, two opposites, overwhelmed by passion, by a visceral instinct. One should be able to fully share the pleasure with each other. In fact, the name of God present here helps to draw closer to each other and to soften the negative sides of each one, to make room for love and the best part of us. Lydia's works, as we also see from the others exhibited in this exhibition, attract the eye thanks to the movement and energy that she manages to infuse color. One is completely overwhelmed by the work for its energy, but above all for the meditative power they bring with them, the point for thought they offer to those who observe them with an open mind and heart and are ready to question themselves.

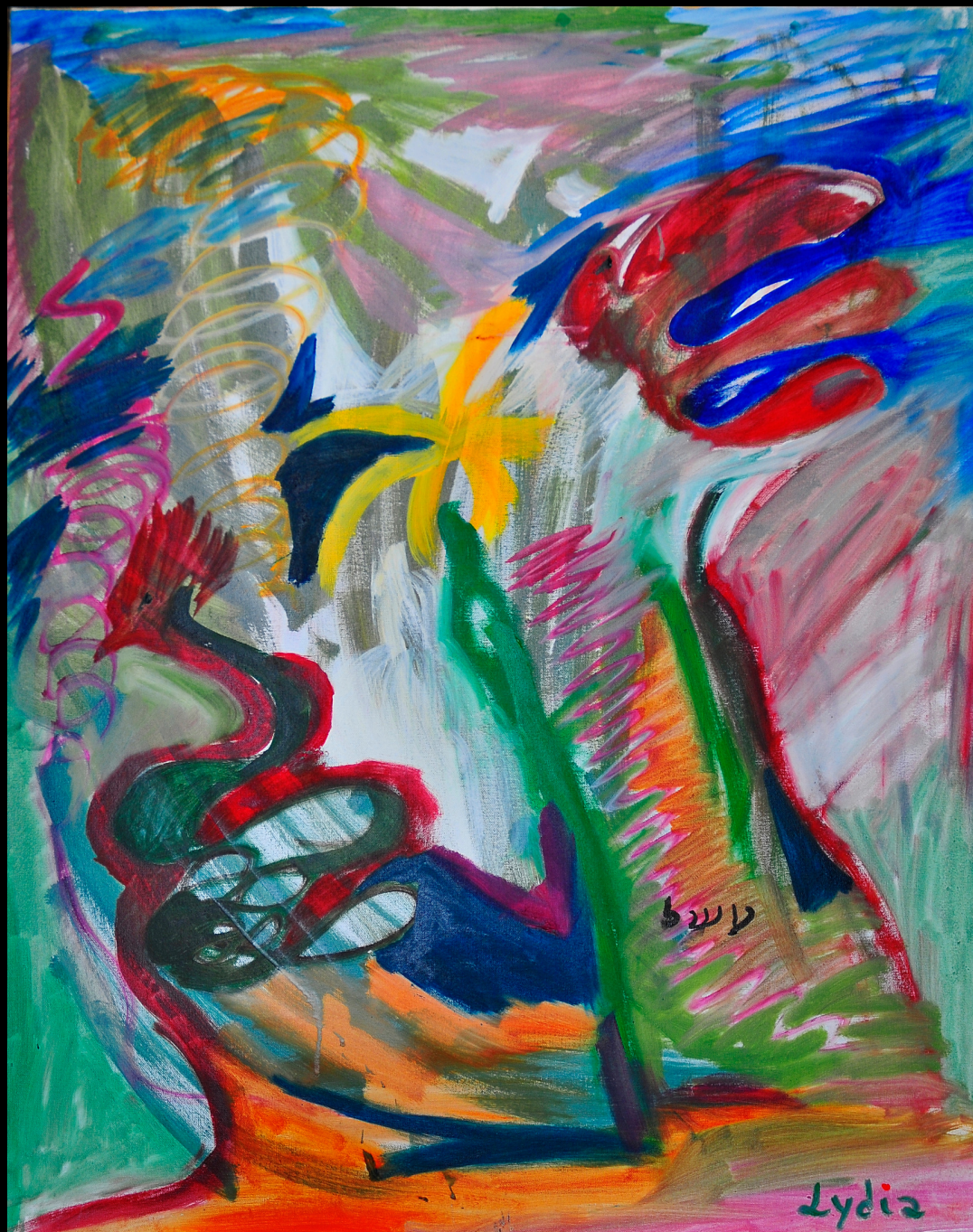
*Art Curator Silvia Grassi*

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*La Clave*

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*La Grulla*

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*Zoom Correo*