



# M.A.D.S. Art Gallery

## International Expertise

Having a degree in Biology allows me to appreciate the colors and shapes of Nature, life in general and since 2004 I am an apprentice of kabbalah that I transmit in my artwork as well. I want to share the Light and the artwork of living the strength when you know the meaning of life. I paint since 1992. My work is not purely aesthetic. Its purpose is to elevate the spirit, so that you can meditate with it and thus change the life of those who look at it.



**LYDIA ARCOS**



**Title: Cascaras de cielo y Tierra**

**Year: 2023**

**Size: 80x60 cm**

**Technique: acrylic on canvas**

**Cascaras Collection**

*In the work shown here, entitled "Cascaras de cielo y Tierra" we see sky and earth meeting and, touching each other, give life to a magical dance of colors and movement on the canvas. Nature, with its magnificence, its beauty and its unattainable perfection is certainly one of the greatest expressions of God's creation. Lydia also dedicates herself to the study of the Kabbalah and this is inevitably reflected in her creations as well: the names of God in Hebrew become part of his works and give them an even more intimate and profound meaning, which breaks through the veil of reality to reach the sphere of the spirit. Meditation accompanies Lydia's thoughts and feelings and then guides her in the creation of her works of art, thus creating a channel of dialogue between herself, the sacred and reality. Observing her works, of which this one presented here is a wonderful example, we feel overwhelmed by a sense of peace, with ourselves and with the world, of serenity: nothing can disturb our soul. Lydia gives us with her art a moment for us, to feel good, to disconnect for a moment from reality and be able to stop and reflect, until we get lost in the spirit. In this work the name of God is written right in the central fulcrum of the canvas: as he generated all nature and her creatures, so here from his name the colors and overwhelming energies of Lydia's work radiate.*

**ARTIST**  
Tania Ciffer

**ART CURATOR**  
Silvia Grassi

**ART DIRECTOR**  
Carlo Greco

**GALLERY OWNER**  
Alessandra Magni